IPAHK Members should complete the form below for all CPD activities undertaken and retain for audit by the CPD Board upon request

NO	DATE	CPD TITLE	DURATION	TYPE of CPD (Please tick one)	1	2	3	4	5	CPD POINTS AWARDED

KEY **1** = Work-based learning e.g. reflecting on experiences, considering feedback from service users, being a member of a committee etc.
2 = Professional activity e.g.being a member of a specialist interest group, mentoring or teaching others, being an expert witness,presentations at conferences etc.
3 = Formal education e.g. going on courses, doing research, distance learning, planning or running a course etc
4 = Self-directed learning e.g. reading articles, reviewing books and articles, updating your knowledge through the internet etc.
5 = Other activities e.g. public service